



St Mary's University Twickenham London

As you may be aware, one of the roles of the Epsom Mental Health and Well-Being Festival is to help develop good mental health care for everyone. As part of that process I am doing some research via St Mary's University College Twickenham about the role of the church in good mental health care. The results of the research may be used towards the publication of articles, the presentation of papers at academic or other conferences and eventually towards a published PhD thesis.

To help that to happen, I should be really grateful if all the members of the churches in Epsom could complete the following questionnaire by **30th November 2020** and return it to me at epsomonlinefestival@gmail.com

For people who prefer to respond via a paper copy, these should be returned to:

Sue Bull, Questionnaire, St Barnabas Church, Temple Road, Epsom, Surrey KT19 8HA.

Thank you so much for your time. If possible, it would be helpful if you could include the name of the church that you attend. I will ensure that your responses are confidential by using aggregated or synthesized data to produce the research document. Where quotes are used, they will be anonymous and will not be able to be attributed to an individual or church.

Please complete the following form if you would like to know the outcome of the research project in due course.

Name	Email
Address	

Questionnaire

To what extent do you agree with the following 5 questions:

1. Your church cares about good mental health care?

Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5

Comments

2. Your church helpfully supports people experiencing in mental distress?

Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5

Comments

3. Your church challenges stigma about mental health issues?

Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5

Comments

4. Your thoughts about your church and mental health have changed since the development of the coronavirus pandemic in March 2020?

Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5

Comments

5. Social distancing has impacted on the role of the church generally in good mental health care?

Not at all A little A certain amount Quite a lot A great deal

1 2 3 4 5

Comments

And your responses to questions 6-9 would be gratefully received:

6. How could your church help overcome the impact of social distancing on good mental health?

7. What else, if anything, would you like your church to do for mental health care?

8. What would you hope for from your church if you were in mental distress?

9. Any other thoughts or questions.