



**NOTICE OF ANNUAL GENERAL MEETING TO BE HELD
AT ST BARNABAS CHURCH, TEMPLE ROAD, EPSOM, SURREY
KT19 8HA ON MONDAY 16 MAY 2016 AT 12 NOON**

Agenda

1. Introduction to the Annual General Meeting
2. Minutes of the AGM 2015
3. Appointment of Trustees and Secretary
 - Rev Michael Preston retired as a Trustee on 18 January 2016 and Anne Richardson retires as a Trustee on 16 May 2016. Neither plans to stand for re-election.
 - At the AGM in 2015 fixed term appointments for Trustees were agreed. One third of the Trustees, by rotation, should stand down for re-election at each AGM. Our Chair, Sue Bull, therefore stands down and is will to stand for re-election.
The current remaining Trustees, Allen Price and Michael Reeves, will stand down for re-election at the AGM in 2017.
 - The following are standing for election as Trustees.

Dr Lia Ali
Ms Rebecca Brooker
Mr Edmund O' Leary
Rabbi Danny Rich
Rev Michael Roper
 - Mrs Sarah Jenkins is standing for election as Secretary

Biographies of all current and proposed trustees and Secretary follow this notice, with the exception of Edmund O'Leary who's will be available before the AGM.

4. Report about the year's activities and achievements.
5. Treasurer's report.
6. Any other business, questions or comments.
7. Looking to the future.

After the meeting has finished we would be delighted if you could join us for lunch.

By Order of the Trustees

Sue Bull
Chair

BIOGRAPHIES FOR THE 2016 ANNUAL GENERAL MEETING

Rev Sue Bull



Sue Bull has been Chair of Love Me Love My Mind and Epsom Mental Health Week since August 2008. She works for the NHS as a hospital and community chaplain and has a hope that one day anyone experiencing mental distress will receive all the help and support needed. In her spare time she enjoys singing and looking after two recently acquired puppies

Dr Lia Ali BSc(hons), MBBS, MRCPsych @LJ_Ali1



I am a dual trained old age and general adult liaison consultant psychiatrist at the South London & Maudsley NHS Foundation Trust and have previously worked in Epsom for SaBP NHS FT. I am passionate about patient empowerment and mental health and have particular interests integrated care, medical education and digital health.

I serve on a number of national panels and expert reference groups and am Special Adviser on Mental Health to the National Association of Primary Care. I tutor at Kings College London, blog for @thementalelf and was selected for the BBC Expert Voices programme in 2014.

I completed my medical degree at Imperial College School of Science, Technology & Medicine and previously spent undergraduate time at Duke University in the USA. I have a first class degree in Neuroscience from Imperial College.

Ms Rebecca Brooker



I have lived in Epsom for the last four years with my husband and our 2 cats! I work in Adult Social Care where I am a project manager so my skills are in organising and delivering new initiatives. I am passionate about community and involving people and am lucky enough to be able to develop this as part of my job, where I've been helping communities build their resilience. Personally I have experience of supporting one of my family through mental ill health and this has motivated me to help improve the experience of people and their family and friends. I'd love to help 'Love Me Love My Mind' continue to have a great impact locally and make mental health everybody's business.

Mr Edmund O'Leary

This information will be available on the 16th May at the AGM

Rabbi Danny Rich



Rabbi Danny Rich has been the Senior Rabbi & Chief Executive of Liberal Judaism since 2005, and was rabbi to Kingston Liberal Synagogue for nearly two decades. Rabbi Rich is a Justice of the Peace, and a hospital and prison chaplain. He is a President of the Council of Christians & Jews, co-chair of the National Refugees Welcome Board and a member of the Council of Imams and Rabbis.

He is currently provides Jewish Chaplaincy to Broadmoor and was previously a Trustee and volunteer at Mental Aid Projects, a Surrey mental health charity . Mental health and Judaism is a particular interest of his; at Limmud 2015 he ran a session called 'A Jewish Perspective on Mental Health' to open the discussion about mental health within the wider Jewish community.

Rev Michael Roper



Michael is originally from North Carolina, but has lived in England since 1998. Before then he spent much of his working life as a secretary on the Oncology ward of the University of North Carolina's Children's Hospital. After a year

working in London's East End on voluntary service, he was encouraged to train for ministry in the UK. He was ordained in 2003 and served as Curate in East Sheen, followed by nine years as Priest-in-Charge of St. Paul's, Egham Hythe. Appointed Priest-in-Charge of St. Barnabas in January, Michael is especially keen on issues around inclusion in Church and the wider community.

Allen Price



I have lived in Epsom all of my life and I currently work at Epsom and Ewell Borough Council's Home Improvement Agency as a Caseworker and am a Trustee of Love Me – Love My Mind. I am a recovering alcoholic and have a daily challenge living with my bi-polar. Currently I am studying a degree with the Open University in Psychology and Counselling. I love spending time with my daughter Lauren and son William, family and friends and helping others.

Sarah Jenkins



After working in company law for almost 20 years I qualified as a Teaching Assistant and now work with primary aged children near home in Hertfordshire.

I was involved with the first Epsom Mental Health Week, and then helped to register Love Me Love My Mind as a charity and acted as the initial Secretary and as a Trustee. I have also helped at most of the subsequent Epsom Mental Health Weeks.

I am stopping work in July and I will be delighted to have more time for my family, my garden, arts and crafts and to offer my services as Secretary to the Trustees of Love Me Love My Mind.

Mike Reeves



Mike is a retired Certified Accountant, who has worked for the National Audit Office, Prince's Trust, and Citizens Advice Bureaux. Through family circumstances Mike has taken an active interest for many years in support in the community for people with mental health problems. He is an active member of Christ Church, Epsom Common and the local Scout Service Team. Tends to disappear on a canal boat whenever he can. Recently he had a great time on Grandad duties in Disney Florida