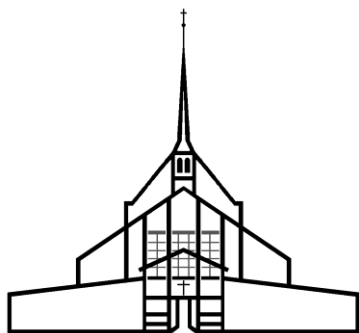


St Barnabas Church

Temple Road Epsom KT19 8HA

MONDAY



DROP-IN

EACH MONDAY 4pm to 7pm

Come and join us – No referral necessary £2 per session

We are committed to provide a safe and enjoyable place for everyone

Those taking part are asked to be respectful towards each other

We do not permit alcohol or non-medication drugs

Anyone abusive or disruptive or a risk to others will be asked to leave

Further details contact: St Barnabas Church 01372 721518

info@lovemelovemymind.org.uk

Autumn Term 2015

(meet at St Barnabas Church for all events)

- | | |
|--------|---|
| Sept 7 | Welcome Back and games evening |
| 14 | Foot pampering evening |
| 21 | Plans for the new Crisis Cafe in Epsom |
| 28 | Bingo |
| Oct 5 | Mental health and the police |
| 12 | Arts and Crafts evening |
| 19 | What brings us peace? |
| 26 | Sheffield Park Autumn Colours – Leave 2.45pm |
| Nov 2 | Trip to cinema |
| 9 | Making Christmas cakes and puddings |
| 16 | Horton Golf Club |
| 23 | Making Christmas Cards |
| 30 | Drumming workshop with Ray |
| Dec 7 | Carols - Heart & Soul Choir + Christmas Dinner |
| 14 | Trip to London |
| 21 | 3pm Beauty and the Beast panto at Epsom Playhouse |
- Happy Christmas and New Year!**

Welcome back on 4 January 2016