



DepressionAlliance

Friends
in need

Friends in Need is brought to you by Depression Alliance

Love me
Love my mind

Let's Talk Epsom

A weekly self help group where people who are affected by any kind of depression can meet to share experiences and coping strategies with others in similar situations.

EVERY WEDNESDAY 7.30 – 9.00PM

St Barnabas Church
Temple Road, Epsom KT19 8HA

Further details contact:

Allen 07817 471 656

Love Me – Love My Mind Reg Charity no.1125595

